

Power talk in English



More companies realize that it's very important to focus on the wellbeing of the employees to achieve better financial results. It is very simple and it all starts with you. Do you want a healthy and happy everyday life, then let's get you moving in the right direction.

- Happy people perform better, have fewer sick days and less stress
- Working is more fun when we know how to create excitement
- That everybody knows how to make a difference for each individual colleague
- Awareness of each other's most important values
- Readiness for constant change in an ever changing world
- Simple coaching tools that will help you in reaching your goals
- That when you feel good you perform better and therefore make more money

Teaching method

Welcome to a live and energetic "classroom" where we give all your senses a wake up call. I believe that you learn faster and better when you are emotionally involved and have some good laughs. The psychology behind the methods is that everything you do is motivated by getting away from pain and towards pleasure.

For more information please call at 20 23 23 31.